

Randolph County Senior Games

2012 Entry Form



IMPORTANT DATES

March 23: Early Bird Deadline
 March 30: Entry Deadline
 April 14 - May 10: Randolph County Senior Games

PLEASE FILL OUT THE ENCLOSED INFORMATION
 AND RETURN NO LATER THAN **MARCH 30, 2012** TO:

BY MAIL:

Randolph County Senior Games
 PO Box 1106
 Asheboro, NC 27204

OR

DROP BY:

Asheboro Cultural & Recreation Services
 241 Sunset Avenue
 Asheboro, NC

REGISTRATION INFORMATION

First Name	MI	Last Name	Date of Birth (Month/Day/Year)	
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Address (Street Address)			Age as of 12/31/2012	
<input type="text"/>			<input type="text"/>	(*) 50-54 age group
Mailing Address (If different from above)				
<input type="text"/>				
Gender: Male <input type="checkbox"/> Female <input type="checkbox"/>				
City	State	Zip Code	Home Phone Number	Cell Phone Number
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

E-Mail Address:

Shirt Size (Circle one): S M L XL XXL XXXL

Are you a first time Participant? ☐ If yes, who referred you:

Are you a member of a Civic Club which is participating in the 2012 Civic Club Challenge? ☐

The North Carolina State Legislature has made it a requirement that each local Senior Games program include the following questions on their entry forms. All answers are optional and will be kept confidential.

My ethnicity: ☐ Black or African American ☐ Asian ☐ American Indian or Alaskan Native
☐ White ☐ Native Hawaiian or other Pacific Islander ☐ Unknown/Refused

My annual household income is less than \$10,890 (1 person in household) ☐ Yes

My annual household income is less than \$14,710 (2 people in household) ☐ Yes

No Response ☐

SPORTS

To promote total health and physical fitness, events of longer duration and lower intensity are strongly recommended. High-intensity types of activities are offered primarily for the conditioned, trained athlete. Warm up before events.

Mark each event that you wish to participate in with an “X”. --- NO additions will be allowed the day of the event.

INDIVIDUAL EVENTS

_____ Basketball Shooting
 _____ Bowling Singles (\$6.75)
 _____ Bowling Doubles (\$6.75)
 Partner: _____
 _____ Bowling Mixed Doubles (\$6.75)
 Partner: _____
 _____ Cycling - 1 Mile
 _____ Cycling - 5K
 _____ Cycling - 10K
 _____ Disc Golf (*)
 _____ Football Throw
 _____ Football Distance Throw (*)
 _____ Golf (\$18.00)
 _____ Miniature Golf (*) (\$2.00)
 _____ Soccer Ball Kick (*)
 _____ Softball Throw
 _____ Spin Casting
 _____ Washer Toss (*)

Note:
Ansi/Snell approved
helmets are required!
Bring your own bike.

SWIMMING EVENTS

(Limit of 6 Events)

_____ 25 yd. Backstroke (*)
 _____ 25 yd. Breaststroke (*)
 _____ 25 yd. Butterfly (*)
 _____ 25 yd. Freestyle (*)
 _____ 50 yd. Backstroke
 _____ 50 yd. Breaststroke
 _____ 50 yd. Butterfly
 _____ 50 yd. Freestyle
 _____ 100 yd. Backstroke
 _____ 100 yd. Breaststroke
 _____ 100 yd. Butterfly
 _____ 100 yd. Freestyle
 _____ 100 yd. Ind. Medley
 _____ 200 yd. Backstroke
 _____ 200 yd. Breaststroke
 _____ 200 yd. Butterfly
 _____ 200 yd. Freestyle
 _____ 200 yd. Ind. Medley
 _____ 500 yd. Freestyle

TOURNAMENT EVENTS

_____ Badminton Singles
 _____ Badminton Doubles
 Partner: _____
 _____ Badminton Mixed Doubles
 Partner: _____
 _____ Billiards (\$2.00)
 _____ Bocce
 _____ Checkers (*)
 _____ Cornhole
 _____ Croquet
 _____ Darts (*)
 _____ Horseshoes
 _____ Racquetball
 _____ Shuffleboard
 _____ Table Tennis Singles
 _____ Table Tennis Doubles
 Partner: _____
 _____ Table Tennis Mixed Doubles
 Partner: _____
 _____ Tennis Singles
 _____ Tennis Doubles
 Partner: _____
 _____ Tennis Mixed Doubles
 Partner: _____

TRACK EVENTS

☐ SilverStriders Fun Walk
 (1 Mile non-competitive)
☐ 1500 Meter Race Walk
☐ 5K Race Walk
☐ 100 Meter Dash
☐ 200 Meter Dash
☐ 400 Meter Dash
☐ 800 Meter Run
☐ 1500 Meter Run
☐ 5K run (\$15.00)

FIELD EVENTS

☐ Discus Throw
☐ Javelin (*)
☐ Running Long Jump
☐ Shot Put
☐ Standing Long Jump

TOURNAMENT SPORTS

____ 3 on 3 Basketball
Team Name: _____
 (attach roster; 9 players maximum)

____ Softball
Team Name: _____
 (attach roster; 20 players maximum)

Special Notes:

1. **(*) Indicated events are NOT offered at State Finals.**
2. When you sign up for these games, you agree to be at the designated site on time and ready to participate. Events will only be changed in case of inclement weather or events beyond our control. Failure to participate will result in forfeiture of any medals for that event. **NO MAKE-UP TIMES** will be allowed. **YOU MAY NOT PARTICIPATE IN YOUR EVENT PRIOR TO OR AFTER THE ADVERTISED TIME.**
3. Cycling is held at the **Lowes Motor Speedway** in Charlotte. Transportation will be provided.
4. The Disc Golf Course is a walking course that is rolling to hilly and does go through wooded areas that may be hazardous. These factors should be taken into consideration when registering for this event.
5. Participants who register for 3 on 3 Basketball and/or Softball must sign up as a team. RCSG will **NOT** place participants on teams.

SILVERARTS

HERITAGE ARTS

☐ Basket Weaving
☐ China Painting
☐ Crocheting
☐ Rugs (hooked, braided, woven)
☐ Jewelry
☐ Knitting
☐ Needlework
☐ Pottery (thrown and hand built)
☐ Quilting
☐ Stained Glass
☐ Tatting & Needlelace
☐ Toile/Decorative Painting
☐ Weaving
☐ Wood carving
☐ Wood turning
☐ Wood working

LITERARY ARTS

☐ Essays
☐ Life Experiences
 (Autobiographical)
☐ Poems
☐ Short Stories

VISUAL ARTS

☐ Acrylics
☐ Drawing
☐ Mixed Media
☐ Oil
☐ Pastels
☐ Photography
☐ Sculpture
☐ Watercolor

PERFORMING ARTS

☐ Comedy/Drama
☐ Dance
☐ Line Dance
☐ Instrumental
☐ Vocal

CHEERLEADING

MISCELLANEOUS CATEGORY

(This category is for any entry that is not covered by a sanctioned SilverArts sub-category. Entries in this category are only eligible for display and will **NOT** be judged.)

All SilverArts entry forms must be turned in by Friday, March 30, 2012.
Artwork needs to be brought to the Sunset Theatre Annex located at 230 Sunset
Avenue in Asheboro on Thursday, April 19 from 11:00am - 7:00pm.

ENTRY & PARTICIPATION FEES

PARTICIPATION FEES

Entry Fee	\$6.00 ~ Received by RCSG on or BEFORE March 23 OR	= \$ _____
	\$8.00 ~ Received by RCSG AFTER March 23	
Awards Banquet	\$4.00 (RCSG will cover the remaining \$6.00 for each registered participant)	= \$ _____
Billiards	\$ 2.00	= \$ _____
Bowling	\$ 6.75 x _____ (# of events)	= \$ _____
Golf (includes greens & cart fee)	\$ 18.00	= \$ _____
Miniature Golf	\$ 2.00	= \$ _____
5K Run	\$ 15.00	= \$ _____

Sub Total 1 = \$

DEDUCTIONS FOR CONTRIBUTIONS

Friend of Senior Games Donor (Donor may deduct up to \$25.00. Amount cannot exceed Sub Total 1) = \$ ()

Sub Total 2 = \$

OPTIONAL FEES

Guest Ticket - Awards Banquet	\$ 10.00 x _____ (# of tickets)	= \$ _____
Extra T-shirt (size _____)	\$ 8.00 x _____ (# of shirts)	= \$ _____

TOTAL AMOUNT ENCLOSED = \$

Make check or money order payable to Randolph County Senior Games

REFUNDS:

Partial payment is refundable if we are notified in writing by March 30, 2012. There is a
 \$3.00 processing fee on all refunds. **After March 30 refunds will NOT be issued!**

HEALTH INFORMATION (Required)

The staff and volunteers of the Randolph County Senior Games program are committed to creating a healthy and safe environment for all participants, staff and spectators. We request that every participant consult his/her doctor in regard to preparation for, and competition in Senior Games or any similar activity. Please inform RCSG at the time of the Games of any changes in your health status or medications.

Please print clearly. Each question must be answered completely.

Names of Personal Physician: _____ Phone #(s): _____

Emergency Contact's Name: _____ Phone #(s): _____

Emergency Contact's Name: _____ Phone #(s): _____

HEALTH INFORMATION FOR ALL PARTICIPANTS (Optional)

This information may be shared with medical providers for your care during the Games.

Names of Medications:

Your Medical Condition:

Your Allergies:

_____	_____	_____
_____	_____	_____
_____	_____	_____

Have you been practicing the events you are entering? _____ If yes, how many times per week? _____

ASSUMPTION OF RISK

In consideration of being allowed to participate in any way in the 2012 Randolph County Senior Games athletics/sports program, and related events and activities, the undersigned:

1. Agree that prior to participating, they each will inspect the facilities and equipment to be used, and if they believe anything is unsafe, they will advise their coach or supervisor of such condition(s) and refuse to participate.
2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions or negligence but the actions, inactions, or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
3. Assume all the foregoing risks and accept personal responsibility of the damages following such injury, permanent disability or death.
4. Release, waive, discharge and covenant not to sue Randolph County Senior Games, its Sponsors, affiliated clubs, their respective administrators, directors, agents, coaches and other employees of the organization, or other participants, hereinafter referred to as "releasees", from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury, including death or damage to property, caused in whole or in part by the negligence of the releasee or otherwise.
5. I give permission to Randolph County Senior Games to use my likeness in any way it sees fit to promote Randolph County Senior Games.
6. I give permission to Randolph County Senior Games to transport SilverArts Entries from one location to another as needed for display purposes. I agree to hold harmless Randolph County Senior Games, its sponsors, Coordinating Agencies, employees and volunteers for lost, stolen, broken or damaged items in transit or on display.

I agree that I have read the above Assumption of Risk and filled out the required Health Information located on this page. I understand that it is my responsibility to check with Regina Chriscoe, RCSG Co-Coordinator, before August 1 to determine if I qualify for State Finals and to get a State Finals Entry Packet. State Finals entry forms must be received in the NCSG office in Raleigh by 5:00pm on August 1, 2012. Deadline is strictly enforced in fairness to all. The safety and sportsmanlike conduct of everyone is of paramount concern. I understand that Randolph County Senior Games Officials have the authority to disqualify, and/or remove, from current and future RCSG programs, anyone who exhibits inappropriate behavior or a condition of medical concern. I agree to be at the designated event site on time and ready to participate. I understand that no make-up times will be allowed for missed events and that I may not participate in any event prior to or after the advertised time. I further understand that unsanctioned (local) events will be offered ONLY at the advertised starting dates & times and will not be made up if cancelled. I also understand there will be NO MAKE-UPS of sanctioned events, unless they were cancelled by RCSG for inclement weather or for circumstances out of their control.

Signature of Participant: _____ **Date:** _____